

Stronger together.
United for impact.



Found community, stability,
and guidance at a United Way
donor-funded Youth Resource
Centre after immigrating to Canada.

**Meet
MZ & Abdul**

Everyone deserves to feel like they belong.
Your gift to United Way helps build bridges,
foster connections, and create pathways to
economic and social equity.

Help us change even more local lives.
Donate today.



United Way
Colchester & Cumberland
Counties



"It has been our go-to place whenever we need assistance. It helped us navigate resettlement and instilled in us a sense of belonging in this community. For all that, we say thank you!" - MZ & Abdul

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Escaped a violent relationship,
found safety, and rebuilt her life
with support from a United Way
donor-funded shelter.

**Meet
Faye**

Everyone deserves to live with safety and
dignity. Your donation helps people feel
safe today, so they can thrive tomorrow.

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*"I am so very, very grateful that the shelter saved me so
that I could be here, alive and brave, striving to be the very
best version of me." - Faye*



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Overcame a lifetime of challenges, developed invaluable life skills, and learned to thrive in the face of bipolar disorder with help from several United Way donor-funded agencies.

Meet Angela

Mental health is a human right. Your gift ensures people have access to mental health support and feel empowered to seek help.

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"I am a survivor and a conqueror. I live with Bipolar, but it doesn't control me. I want to thank United Way for 42 years of support. I'm extremely proud of how far I have come." - Angela

